

Summer Berry Salsa

For those of you looking to garnish your meats, here is a great twist. Fruit, spice and flavor. How can you go wrong?

Summer Berry Salsa

Prep Time		Cook Time		Yield
10 Minutes		None		4 Cups
Amount	Ingredient			
1	pint	Fresh Blueberries		
1	Pint	Fresh Strawberries		
2	Tbsp	Onion	finely chopped	
1	Tbsp	Lemon Juice		
1/2	Tsp	Pepper		
2	Drops	Hot Pepper Sauce	i.e. Tabasco Sauce	
1/4	Cup	Almonds	Sliced or Slivered, Toasted (OMIT if not eating nuts)	
		Stevia	Sweeten to taste	

Instructions

1. In a large bowl, combine the berries, stevia, onion, lemon juice, pepper and hot pepper sauce. Cover and refrigerate for 1 hour. Just before serving, stir in almonds .
2. Serve as a topper to your chicken or fish.