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| Mindful Mondays | Try-It Tuesdays | Wellness Wednesdays | Thrive Thursdays |
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$69 – 60 minute massage ($80 value)

$20 – scalp treatment ($50 value)

$29 – basic exam and adjustment ($90 value)

$120 – series of 4 adjustments ($144 value)

$75 – comprehensive exam ($100 value)

$180 – series of 4-30 minute nutrition/lifestyle enhancement consultations ($240 value)

$69 – head, should, knees, and toes ($80 value)

$225 – series of 4-15 minute brain based therapy treatments ($300 value)

$150 – comprehensive exam, nutrition/lifestyle consultation, and laboratory consultation ($220 value)

$99 – 60 minute massage, basic exam, and adjustment ($150 value)

$29 – foot reflexology ($50 value)

$59 – mini spa getaway [they can choose foot reflexology or scalp treatment] ($75 value)

40% off any ONE Apex or Nutri-Dyn product